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Postage
Information

The Views News

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It's Almost Spring!

March is here and spring is just around the corner! We have made it through some nasty weather and frigid temperatures. Hopefully March will bring us some warmth and maybe even some greener grass. On the 6th, we will have a special visitor at RidgeView. Winnie the mini pig will be here to visit with the tenants. She is a miniature pig. She is full grown and only weighs 15 pounds! We will be celebrating St. Patrick's Day with a week of themed crafts, painting and a look into the country of Ireland. We will then have a St. Patrick's Day Party and Sing-A-Long on Sunday, March 17th. Bill Luckenbill will be back to entertain us on the 12th. Deb Olson will be back to give us a history lesson on the 19th. We will have Music with Pat on the 20th and learn about the festivals of Iowa on the 27th.

Sarah

A Note from Talisa at OakView:

As the month of March escorts in the spring season, we cannot help but dream of sunshine and flowers. To celebrate this time of year and all the new life that is welcomed during this season, we ask that residents interested in participating in our beautiful baby contest provide our activity director with a copy of their favorite baby picture to be displayed on our front bulletin board. We look forward to going and goggling over these beautiful faces, so if you happen to have a picture you would like to share please either mail or bring in a copy before Thursday, March 7th. We love to celebrate families, thank you for choosing to participate!! As always, thank you for allowing us to care for your loved ones.

Talisa

Celebrating March

Irish-American Heritage Month

Optimism Month

Craft Month

Celebrate Your Name Week

March 3-9

Mardi Gras

March 5

International Women's Day

March 8

Pi Day

March 14

St. Patrick's Day

March 17

Make Up Your Own Holiday

Day

March 26

The March of Women's History



The month of March is Women's History Month, in recognition of women and their impact on culture and society all around the world. The movement to establish recognition of women's history

began in Sonoma, California, in the 1970s. A group of women formed the Education Task Force of the Sonoma County Commission on the Status of Women. Their goal was to include women's history in the local school curriculum. For too long, men had dominated the study while women's contributions had nary a mention. The movement in Sonoma was such a success that it gained traction nationwide. In 1980, President Jimmy Carter established the first Women's History Week, and then in 1987, Congress declared the entire month of March as Women's History Month. Politicians, writers, freedom fighters, scientists, soldiers, athletes—women have made contributions in virtually every field. Honor them this March.

March Birthdays

In astrology, those born March 1-20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21-31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.

RidgeView Birthdays

Doc Dochterman March 9th

Eva Belsley March 11th

OakView Birthdays

Harold S. March 2nd

Helen M. March 15th

A Shakespearean Mystery

For a week in March each year, the Shakespeare Birthplace Trust in Stratford-upon-Avon, England, celebrates the life of William Shakespeare. From March 18 to 24, fans of the bard are invited to visit the Shakespeare family home and view his many famous works. However, there are some who believe that William Shakespeare did not write the many plays and sonnets that he is credited for. These doubters assert the existence of an alternate writer.



Toward the end of the 19th century, some scholars began to doubt the identity of William Shakespeare. At first, these doubters were thought to be crackpots. Over the years, the conspiracy gained traction.

In 2007, a group of Shakespeare skeptics, consisting of performers and scholars, made an official "Declaration of Reasonable Doubt." Ample evidence exists to prove that Shakespeare was born in Stratford-upon-Avon and became a well-known actor and theater-owner in his time. But these skeptics believe that there is simply not enough evidence to prove that this Shakespeare was the same man who wrote so many famous works. They believe Shakespeare's modest upbringing could not have afforded him the quality education that such a talented writer would have needed. The true author, they argue, must have been a traveler, writer, or aristocrat such as philosopher Francis Bacon, poet Christopher Marlowe, or Edward de Vere, the 17th Earl of Oxford.

Of course, Shakespeare has a wealth of defenders, too. They argue that Shakespeare's elementary education would have been adequate for his talents. Paper evidence may not exist because paper was a scarce resource back then and no one would have kept scraps of notes or letters. It instead would have been reused. Regardless of your belief in Shakespeare's identity, Shakespeare Week may be a time to enjoy the bard's words rather than question his good name.

ATTENTION

Tenants of RidgeView: Due to our CPR policy being updated again, Jessica will be visiting with everyone about this. This is different from the policy she went over with everyone recently. Sorry for any inconvenience and thank you all for your patience.

Night Owls



The International Festival of Owls, a celebration of these mysterious nighttime creatures, will occur during the first three days of March. Is it the owl's nocturnal nature, their swift silence, their chilling calls of "who," or their bizarre rotating necks that make them so fascinating? These birds have figured prominently in our imaginations for millennia. In ancient Greece, the owl was the symbol of Athena, goddess of wisdom. It was believed that an "inner light" gave the owl its superb night vision, and it was considered a good omen if an owl was spied overhead watching you. Because an owl is a bird of darkness, it has often been associated with death. During the Middle Ages, owls were thought to be witches or witches' helpers. American Indians, too, held many beliefs about owls and death. To some, owls were the spirits of the dead. To others, owls were guides of the recently deceased to the underworld. During the Festival of Owls, take the time to encounter one of these magnificent animals up close and you, too, may begin to think they are more than just birds.

Girls Guiding Girls

The Girl Scouts is one the largest and most successful organizations for girls in the world. Juliette Gordon Low, finding inspiration from the Girl Guide movement in England, established the first Girl Guide Troop in America on March 12, 1912. For this reason, the week of March 10–16 is celebrated as Girl Scout Week.



Born in Savannah, Georgia, just before the American Civil War, Gordon Low was raised with traditional Southern values emphasizing duty, loyalty, and respect. Gordon Low was also an American aristocrat born to successful parents. As such, she attended boarding schools, met many influential people, married well, and moved to England. Gordon Low's marriage was not a happy one, however, and she spent much time alone painting, learning metalworking and woodworking, and doing charity work. After her husband died, she met Sir Robert Baden-Powell, founder of the Boy Scouts, a guide movement for boys that taught the skills of military preparedness and outdoor adventuring. Scouting proved to be the perfect unity of values that she had enjoyed all her life: duty and respect combined with practical skills for survival. It was not long before Gordon Low met Agnes Baden-Powell, Sir Robert's sister and founder of the Girl Guides, and so Gordon Low organized Girl Guide troops in London herself.

Gordon Low returned to her beloved Savannah in March of 1912 with the mission to grow the girl scouting movement in America. On March 12, she registered 18 girls, establishing the very first Girl Guide troop. Thanks to her family's extensive social connections and the help of Sir Baden-Powell, Low was able to quickly grow her local troop into a nationwide movement. She faced one competitor, the Camp Fire Girls, but this organization believed that girls should not participate in strenuous outdoor activities meant for boys. Gordon Low held fast to her love of scouting, and for over 100 years, the Girl Scouts have given young girls the confidence, skills, and character to become the leaders of tomorrow.

MEAL PUNCH CARDS AND R.S.V.P'S AT OAKVIEW

Planning on joining us for a meal? We LOVE when guests join us at our table! We ask that you provide the facility with a 24-hour notice so that we may ensure that we have a setting for you at the table. Starting March 1st, single meal tickets as well as punch cards will be available to purchase at our front desk. Your server will ask to see your punch card at the time of your meal.

The Birth of Rock 'n' Roll



The very first rock 'n' roll concert was staged on March 21, 1952, in Cleveland, Ohio. It was called the Moondog Coronation Ball and featured guitarist Tiny Grimes and His Rocking Highlanders, saxophonist Paul Williams and His Hucklebuckers,

Billy Ward and His Dominoes, singer Varetta Dillard, and Danny Cobb. The concert was the idea of local radio DJ Alan Freed, the same man who popularized the phrase *rock 'n' roll*. On the night of the show, 20,000 people showed up with tickets, but the venue held only half the number. Tickets had been counterfeited. Afraid of a riot, the fire department stopped the concert after only one performance.