



# Wake County FRC District Event Volunteer Hospitality



## Friday Dinner – Asian

Options: Stir Fry Beef and Broccoli, Sesame Chicken  
*Vegetarian option\*:* Vegetable Lo Mein

Sides: White Rice, Spring Rolls  
Dessert: Asst. Cookies and Brownies

## Saturday Lunch – Fajita Bar

Options: Steak or Chicken with onions and peppers  
*Vegetarian option\*:* Mexican Tofu

Toppings: Cheese, Sour Cream, Guacamole, Pico de Gallo

Sides: Black Beans, Spanish Rice, Tortilla Chips and Salsa  
Dessert: Asst. Mini Desserts

## Sunday Lunch – Southern Comfort

Options: Pulled Pork, BBQ Chicken

Sides: Salad w/Ranch Dressing, Mac-n-cheese, Green Beans (vegetarian), Rolls and Butter  
Dessert: Cookies and Brownies

## Saturday Dinner – Italian

Options: Chicken Parmesan, Four Cheese Baked Ziti

Sides: Sauteed Vegetable Medley, Garlic Bread  
Dessert: Cannolis and Lemon Bars

## Sunday Dinner – Pizza

Options: Turkey & Provolone, Ham & Swiss  
*Vegetarian option\*:* Hummus wraps

Sides: Chips  
Dessert: Cookies, fruit

**THANK YOU FOR  
VOLUNTEERING!!**

*\*Vegetarian options are allocated for those volunteers who have registered as vegetarian in their FIRST Dashboard account. This does not include walk-on volunteers. Please only ask for a vegetarian option if you have signed up in advance. Any questions, please ask the Volunteer Coordinator on site.*

## Also Available

**Drinks provided for all meals:** Water, Sweetened and Unsweetened Ice Tea, Lemonade

**Hospitality:** Our hospitality road case is equipped with a mini-fridge, a microwave, an electric kettle and a Keurig. Keurig supplies include: K-cups (variety of coffee [regular, flavored, decaf], variety of teas, hot cocoa, assorted non-coffees), creamers, variety of sweeteners.

**Volunteer Care Cart:** Our Student Ambassadors will walk around and visit volunteers periodically with snacks and water. Snacks range from fresh fruit, granola bars, chips, sweet treats, and more. Throughout the season, please share your snack recommendations to our Volunteer Coordinators.