

20 **???** to
GET YOUR MIND "WRITE"
to Become a Published Author

1. Why am I not an author?
2. Do I really want to write a book?
3. Why haven't I written it yet?
4. What's holding me back?
5. What am I afraid of?



1. Do I not have the time to spare?
2. Do I not have the money?
3. Do I even know what it will cost?
4. Have I done the research to find answers?
5. Is negative self-talk my problem?



1. Did I put it off and got distracted?
2. Is the manuscript collecting dust?
3. Am I not ready to take the next step?
4. Do I think it may be too much work?
5. Have I really thought it through?



1. Have I considered self-publishing?
2. Do I trust myself to self-publish?
3. Do I lack confidence in my topic or story?
4. Do I make excuses because I fear failing?
5. Have I sought help to navigate the process?

